

Karuana Gatimu

Spiritual Counselor/Life Strategist
Biography

Karuana Gatimu has spent the last 20 years on a path of self-mastery. Through her own lessons, studies and experiences she has developed methods of resolving the common ethical and spiritual issues facing us today. Her career in the technology industry has taught her the art of the practical application of theory. In short, turning an idea into reality requires more than determination; it requires ethics, communication skills and a sense of purpose. Most importantly it requires enthusiasm!

In 2006 she turned her ideas which had been so successful on the individual level toward organizations as a whole and created, 7Squared™, a spiritually based business management technique which focuses on measurable goals, financial stability, enthusiasm as a management skill and giving back to the community.

Ms. Gatimu conducts her private practice in Redondo Beach, California providing individual and couples sessions. She aids her clients in finding direction, solutions to their own challenges and a renewed sense of physical health. While providing them with instruction on the pillars of self-mastery and living in enthusiasm, her goal is to empower each individual to have a successful life strategy, educate them about the benefits of integrated holistic health care and shed light on the subconscious issues that may be blocking them.

Using tried and true behavioral modification techniques, nutritional recommendations, writing exercises, energy balancing and other ancient arts she combines her talents as a business manager with her command of a redefined spiritual language that can translate into urban terms. Concrete steps for success are combined with a pathway toward forgiveness that can have profound results for her clients.

A non-denominational minister, Karuana splits her time between Redondo Beach, California and Seattle, Washington. She enjoys officiating at the ceremonies of her clients, watching the pelicans and porpoises from her balcony, cooking for friends and strong decaf. She can be contacted at 310.359.0706 or Karuana@EndlessMagic.com